



# Working with Couples

## Workshops in Christchurch with Walter Logeman

### Events in 2024

If you work with couples, or would like to, this workshop is for you. The aim is to build on the work you already do and to gain confidence and competence with couples. Whatever your training, you will learn to be present with the couple. This is professional development work. You will be invited to identify your strengths and build on them in such a way as to enhance your practice.

We use psychodramatic methods and principles to *learn together*.

There will be events on Friday and Saturday...

31 May - 1 June (to be finalised)

9 - 10 August

25 - 26 October

Each event has its own theme that will be announced closer to the time.

The theme for the May-June 2024 event is *stepping into the shoes of the partner*. Assisting partners to listen to each other is central to couple therapy. Listening enables the other to talk. To put it another way, the theme of this event is to assist partners to *be* (in their bodies) in such a way the other opens, accesses their experience, and heals.

#### **Past themes:**

*Unresolved childhood wounds and grief*. As couples become better listeners, childhood dynamics and grief can surface. Couples bring their social networks, past and present. Psychologically the room is full of people that impact the couple. We will explore and learn how we make these invisible entities visible, and work with them.

*Engaging a couple*. Engagement begins with how the couple hear about you. Initial communications by phone, txt or email? How to engage the unwilling partner. Is this a suitable couple, are there concerns about drugs or violence?

**Social forces.** Relationships are often shaped by cultural conserves of society, the social forces. This includes the class, gender and racial norms and conflicts that impact the couple.

## **Walter Logeman**

I am a Psychodramatist and a Trainer, Educator and Practitioner (TEP) in the psychodrama method. I have a postgraduate degree in social work, I'm an Imago Relationship Therapist and a member of NZAP. I work in private practice as a couple therapist, group worker and supervisor. I've conducted *Working with Couples* workshops since 2009.

## **Times**

Friday – Saturday  
9:30 to 5:00pm on both days

## **Venue**

Quaker Centre 217 Ferry Road. The entrance is off Nursery Road.

## **Fee**

Fee: \$420. Early bird fee: \$380, if you pay two weeks before the event begins.  
Deposit: \$100 to secure a place.

## **Enrolment**

To enrol, please email me, [walter@psybernet.co.nz](mailto:walter@psybernet.co.nz).  
The workshop has a maximum of 12 places. Please pay online at 03-0802-0058343-000.

See more psychodrama workshops with Walter here:

<https://www.walterlogeman.com/workshops>

And all workshops in AANZPA Canterbury-Westland

<https://canterbury.aanzpa.org>