

Theatre of Spontaneity 2022



Open evenings of Psychodrama in Christchurch

**First Tuesday of every month.
6.30 to 9.00pm.**

Come and participate in an evening of Psychodrama conducted by experienced group practitioners. Psychodrama is an active and enlivening method which aims to increase spontaneity, strengthen relationships and build community. We explore what emerges in the group in action. Social or community issues may be to the fore or the event can be more about personal or professional development.

The name *Theatre of Spontaneity* has its origins in Vienna, early last century, when Jacob Moreno, the founder of psychodrama, conducted gatherings in this style.

The event has been happening regularly since February 2013. Usually between 10 and 15 people come. The evenings are conducted by qualified psychodrama directors.

You are welcome, no experience necessary. Please arrive by 6.15pm.

Venue:

Quaker Meeting House, 217 Ferry Road, Christchurch.
Use the entrance on Nursery Road.

COVID: If we are in RED in Christchurch we will have a Zoom event. Register by emailing thofsp@gmail.com

Fee:

Koha - Contribute here: 38-9001-0224250-000

Organised by the Canterbury/Westland branch of the
Australian and Aotearoa New Zealand Psychodrama Association.

Website

<https://canterbury.aanzpa.org>

Please check for more details about each months events